

10 Week Program

Class Schedule

\$30 each class

Week 1: Orientation & Values

Week 2: Feelings & Emotions

Week 3: Conflict Resolution

Week 4: Critical Thinking

Week 5: Goal Setting

Week 6: Time Management

Week 7: Occupational Skills

Week 8: Effective Communications

Week 9: Substance Abuse
Prevention

Week 10: Assertiveness &
Graduation

**Graduates are given a certificate of completion and an accumulated service hours log sheet.

Scholarships available !

Three Locations To Serve Your Mental Health Needs

6919 Outreach Way (2nd Floor)
Family Service Center
North Port, Fl 34287
(941) 429-3721

698 S. Tamiami Trail
Osprey, Fl 34229
(941) 412-4228

4055 S. Tamiami Trail
Omni Executive Center
Port Charlotte, Fl 33952
(941) 875-9291



Life Solutions For
Today's Youth

Tri-County
Counseling &
Life Skills
Center, Inc.
6919 Outreach
Way, North
Port, Fl. 34287

941-429-3721
vcnp21@gmail.com

Contact Youth
Program
Coordinator
Vanessa



Tri-County Counseling offers a unique ten-week course that will inspire participating youth to rise above today's normative behaviors.

The *Life Solutions for Today's Youth* program teaches life skills to adolescents, twelve to eighteen years of age.

While students are being educated, this program offers an unparalleled support group for teenagers. In combination, participants are introduced to community service organizations and events.

Students who complete the program will receive 30-plus hours of community service.

Testimonials

What our Parents are saying;

"I think the counseling is better than community service. They learn stuff about life."

"He has now learned how to work with people."

"Great Classes!"

What our students are saying in response to the question; What did you like best about the class?

"How to think positive."

"How we learned how to solve problems."

"The honesty and teamwork."

"The life lessons taught."

"Everything's positive, a lot can be learned."



Coming Soon!

Youth program offered in Port Charlotte & Osprey



Additional services available at Tri-County Counseling

- Parenting Classes
- Couples Counseling
- Addictions Therapy
- Anger Management
- Individual Counseling